

90 DAY PLANNER



90 Days To Gain Complete Clarity

N I K H A N S O N

90 DAY PLANNER

USE THIS PLANNER TO WRITE DOWN YOUR GOALS FOR THE NEXT 90 DAYS
THIS IS CLOSE ENOUGH TO KEEP YOU MOTIVATED BUT FAR ENOUGH AWAY TO
MAKE REAL PROGRESS

SPLIT YOUR GOALS INTO 3 CATEGORIES; BODY (PHYSICAL HEALTH); BANK
(WORK STUFF) AND BEST (SELF CARE & PERSONAL DEVELOPMENT)
WRITE 3 FOR EACH CATEGORY THEREFORE ENDING UP WITH 9 GOALS
REMEMBER TO MAKE THEM REALLY SPECIFIC AND MEASURABLE

BODY GOALS

1

2

3

BANK GOALS

1

2

3

BEST GOALS

1

2

3

BODY GOAL REVERSE ENGINEERING

IT'S NO GOOD US JUST HAVING A GOAL WITHOUT A PLAN!
SO NOW IT'S TIME TO REVERSE ENGINEER THEM
THIS MEANS BREAKING YOUR GOALS DOWN INTO 90, 60 AND 30 DAYS SO
YOU HAVE A CLEAR PATH TO HELP YOU TO ACHIEVE THEM
START WITH YOUR 3 BODY GOALS

90 DAYS

1

2

3

60 DAYS

1

2

3

30 DAYS

1

2

3

BANK GOAL REVERSE ENGINEERING

NOW DO THE SAME FOR YOUR 3 BANK GOALS

90 DAYS

1

2

3

60 DAYS

1

2

3

30 DAYS

1

2

3

REVERSE ENGINEERING BEST GOAL

NOW DO THE SAME FOR YOUR BEST GOALS
YOU WILL NOW HAVE A CLEAR 90, 60, 30 DAY PATH FOR ALL OF YOUR GOALS
NOW PRINT THIS DOCUMENT OFF OR SAVE IT TO YOUR DESKTOP
MAKE IT SUPER VISIBLE AND KEEP IT SOMEWHERE YOU WILL SEE EVERY DAY
TO GIVE YOU COMPLETE CLARITY ON YOUR FUTURE GOALS

90 DAYS

1

2

3

60 DAYS

1

2

3

30 DAYS

1

2

3

[illegible]